

# Soldotna High School Syllabus and Course Outline

Course Title: Health Teacher: Emily Kenagy

## *Description:*

Health is a required course designed to help students gain health literacy. Health Literacy is the capacity of individuals to obtain, interpret, and understand basic health information and services, and the competence to use such information and services in ways which enhance health. Health Education teaches students the skills necessary to lead healthy lives mentally, physically, and socially.

Throughout the semester, the major topics we will be taking an in-depth look at are (1) Alcohol, Tobacco, and Other drugs; (2) Prevention and Control of Disease; (3) Promotion of Mental, Social, and Emotional Health; (4) Promotion of Sexual Health; (5) Violence and Suicide Prevention; (6) Environmental Health; and (7) Nutrition and Fitness

## *Grading:*

Grades will be given based on the percentage of total points. Grades are posted in the classroom and will also be available online.

**90% & up = A, 89 - 80% = B, 79 - 70% = C, 69 - 60% = D, 59 & below = F**

## *Assignments and Extra Credit:*

Assignments will vary in type including a running journal, daily work, discussion, projects, presentations, essays, brief summary and critiques, quizzes, and tests. If at any time you feel you need more challenging work, please see me and we can modify your assignments. The student, prior to the end of the semester, must initiate all extra credit opportunities. Only those who have turned in all of their assignments will be allowed to improve their grade in this manner. There will be a limit to the amount of extra credit, which can be earned by each student.

## *Make-up and Late Work:*

If you are absent, it is your responsibility to find out what you missed. You can do this by asking a classmate, checking the assignment crate, checking the classroom website, or contact me after you have checked the other three options. **Students will be allowed one school day for each day absent to make up the work.** If you know you are going to be absent, talk to me in advance and this way you will be able to keep up with assignments you will be missing

## *Attendance & Tardy Policy:*

Students will be expected to come to class regularly. The two most important things you can do to insure passing this class are: 1) Come to class each day, and 2) Complete and turn in all assignments and tests. The school's attendance policy will be followed. The school's tardy policy will also be followed.

## **Talented and Gifted Students**

### TAG Considerations

In each subject/course students will be pre-assessed on the knowledge and skills that will be learned in the subject/course. The purpose of this pre-assessment is to find out what students already know and are able to do to avoid repetition and to give the student access to advanced and/or accelerated content.

Formal or informal pre-assessments may include end of chapter/unit tests, student input and self-evaluation, placement test, specific teacher observational data, lab demonstration or test, work samples,

fist of five, thumbs up/thumbs down, or other forms of pre-assessment. Below is a list of differentiation strategies that may be used.

### Differentiation Strategies

#### Differentiation:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Enrichment                | <input type="checkbox"/> Multiple Intelligences | <input type="checkbox"/> Learning Styles   |
| <input type="checkbox"/> Acceleration              | <input type="checkbox"/> Compacting             | <input type="checkbox"/> Critical Thinking |
| <input type="checkbox"/> Independent Study/Project | <input type="checkbox"/> Tiered Assignments     |  |
| <input type="checkbox"/> Assignment Modification   | <input type="checkbox"/> Flexible Grouping      |  |
| <input type="checkbox"/> Cluster Grouping          | <input type="checkbox"/> Contracting            |  |

**Note:** A variety of differentiation strategies will be used.

#### ***Cheating:***

Cheating will not be tolerated. Cheating on any exam, quiz or assignment will result in a “0”, a disciplinary referral, and parent notification. There will be no opportunity to make this up. Please see the Soldotna High School student handbook for further details.

#### ***Rules and Expectations:***

1. When someone is talking everyone is quiet and listening.
2. Students are responsible for taking notes during lectures and activities.
3. Students will work in small groups in a constructive and respectful manner.
4. Positive participation in class is expected.
5. All work is to be turned in on time.
6. Respect yourself, your teacher and respect each other. Any violations of acceptable behavior will be treated as described in the Parent/Student Handbook.
7. Absolutely no cell phones are allowed in the classroom. If it is seen or heard it will be taken away and not given back until a parent or guardian meets with an administrator. This is the school’s cell phone policy.

#### ***Communication:***

Students or parents with questions or concerns are invited to contact me in their most convenient manner. However, because a phone is not near my classroom or easily accessible, you will most likely get the fastest response from e-mail. I can be reached at the school via phone or e-mail.

**Phone:** school: (907) 260-7000 **E-mail:** [ekenagy@kpbsd.k12.ak.us](mailto:ekenagy@kpbsd.k12.ak.us)

**Website:** <https://sites.google.com/a/mail.wou.edu/sohihealth/>

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I have read and understand the requirements of this course.

I have read the above, and support my student’s efforts in this class.

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Student signature

Date

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Parent/Guardian Signature

Date